

2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 27: Consumption of More Than One Serving of High Calorie, Low Nutrient Foods by California Adolescents

Yesterday did you eat any pastries, such as doughnuts, Danish, sweet rolls, muffins, croissants, or poparts?

Yesterday did you eat any deep-fried foods, such as french fries, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings?

Yesterday did you eat any potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks?

Yesterday did you eat any sweet snacks such like cake, pie, cookies, or brownies?

Yesterday did you eat any boxes or packages of candy or candy bars?

Yesterday, how many cans or glasses of regular soda (cola, lemon-lime) or sweetened carbonated beverages like Clearly Canadian did you drink?

	Servings ¹ of High Calorie, Low Nutrient Foods Reported Yesterday, Percent of Adolescents					2 or More
	0-1	2	3	4+		
Total	27	30	24	18		73
Gender						
Males	24	29	25	22	**	76 *
Females	30	32	24	15		70
Ethnicity						
White	28	32	22	18		72
African American	18	27	32	23		82
Latino	27	31	25	17		73
Asian/Other	28	25	27	20		72
Gender by Age						
Males						
12-13	27	31	22	20		73
14-15	26	23	25	26		74
16-17	20	32	28	19		80
Females						
12-13	27	36	20	17	**	73 *
14-15	24	28	30	18		76
16-17	37	32	21	10		63
Smoking Status						
Non-Smokers	27	30	24	18		73
Smokers	23	29	26	23		77
Physical Activity Status						
Regular	27	30	24	19		73
Irregular	28	30	25	17		72
Overweight Status						
Not at Risk	27	28	26	19	*	73
At Risk/Overweight	26	37	20	17		74

¹ Each report of "any" was counted as one serving.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

** p<.01